

# XXXchurch Content Calendar 2021

## **April:**

Key ideas: Shame/ Isolation (addiction, lies, spiritual warfare, COVID, anxiety...etc.).

Posts should focus on the impact these things have on our recovery, relationships, and approach to life.

## **May:**

Key ideas: What the church should be doing/ How the church can step up/ Where the church is lacking

Posts should focus on what the organizational church (little c) and the the church at large (big C) has done well and/or done poorly when it comes to addressing issues of porn and sexual integrity. Explore the impact that being silent or apathetic with these issues has had on our culture, parenting styles, or willingness to seek help. What can we do better and how do we move towards a more open community where conversations about these things are welcomed reducing the associated shame.

## **June:**

Key ideas: Identity- Who are we? Why are we allowing people to be reduced to their sexuality as an identity?

Posts should focus on how a lack of identity or us deriving our identity from the wrong things leads to emotional pain and can drive people towards coping agents like porn, masturbation, etc.

## **July:**

Key ideas: Sexualization of our world/church/Christian culture

Posts should focus on the saturation of sexualized messaging and imagery that invades our culture and how we cope with this stuff since it's not going away. Explore the irony that exists when we see people in church and/or leaders who clearly are trying to appear "sexy" yet refuse/ and/or resist talking about sexuality or sexualization.

## **August:**

Key ideas: What Christian culture has to say about a man's sexual nature...why is it that men are reduced to animals that can't control themselves in many different Christian narratives?

Posts here should talk about the unhealthy Christian perspectives on sex, sexual desire, and temptation/lust. Why are we so focused on "behavior" when it comes to the idea of sexual

integrity? How do these approaches not help people and in many cases increase shame and self-loathing?

September:

Key ideas: self identification and transparency

Posts should focus on the need for transparency when it comes to our struggles and questions. How do we get past the fear of rejection when it comes to the need for identifying ourselves as people who need help. How do we deal with people who are made uncomfortable by our honesty and vulnerability.

October:

Key ideas: How to talk to your kids about sex/porn....How to "porn proof" your family or can you?

Posts should focus on parenting and how the way we were talked to about sex in our formative years can (often negatively) impact our approach to sex later in life. Encourage open conversations and a practice of pursuing these difficult conversations with our kids rather than avoidance of them. Part of this conversation is the importance of having a healthy theology of sex and not demonizing these things when we see them misappropriated or twisted (Redeem VS Reject).

November:

Key ideas: How to help someone that is addicted/ married to an addict/ child is addicted...

Posts should focus on how we approach people who need help in these areas and what genuine support/accountability looks like. What's the difference between challenge vs. condemnation, grace and acceptance vs enablement. How can couples work through these things **together**?

December:

Key ideas: Community

Posts should focus on the crucial need for healthy community not only when it comes to recovery, but life in general. Why do we all need a tribe? What do healthy communities look like and what are the benefits? Excellent opportunity here to dive into neurotransmitters and how community and healthy relationships have a positive impact on emotional wellness.